

# Quoi de neuf en Obstétrique ?

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ASSISTANCE  
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de la santé et de la recherche médicale

**SFAR 2013**

# « Choisir ... »

« À l'heure du choix, chacun est libre. » *Georges Lucas*

« Le mauvais choix est l'absence de choix. » *Amélie Nothomb*

« Choisir ! c'est l'éclair de l'intelligence. Hésitez-vous?.. tout est dit, vous vous trompez. » *Honoré De Balzac*

« Toute la vie est une affaire de choix. Cela commence par : la tétine ou le téton ? Et cela s'achève par le chêne ou le sapin? » *Pierre Desproges*

- 1. Résultats d'EURO-PERISTAT**
- 2. Evolution de l'âge maternel et conséquences obstétricales**
- 3. Prévention de l'hémorragie du post-partum**
- 4. Pessaire en prévention de la prématurité**

# European Perinatal Health Report 2010



## EUROPEAN PERINATAL HEALTH REPORT

Health and care of pregnant women and babies  
in Europe in 2010



# Projet EURO-PERISTAT

- Développer un système de monitoring européen des principaux indicateurs de santé périnatale
- Financé par European Public Health Program
- Méthodologie dirigée par INSERM U953 (J Zeitlin – B Blondel)
- Rapports précédents en 2000 et 2004
- Tous les pays membres + Islande, Norvège et Suisse
- Point faible de la France, seul pays avec Chypre à ne pas avoir de données issues de registre de naissances

# Mortalité foetale ( $\geq 28$ SA) en 2004 et 2010

France : dernier rang pour les  
enfants morts-nés  $\geq 28$ SA

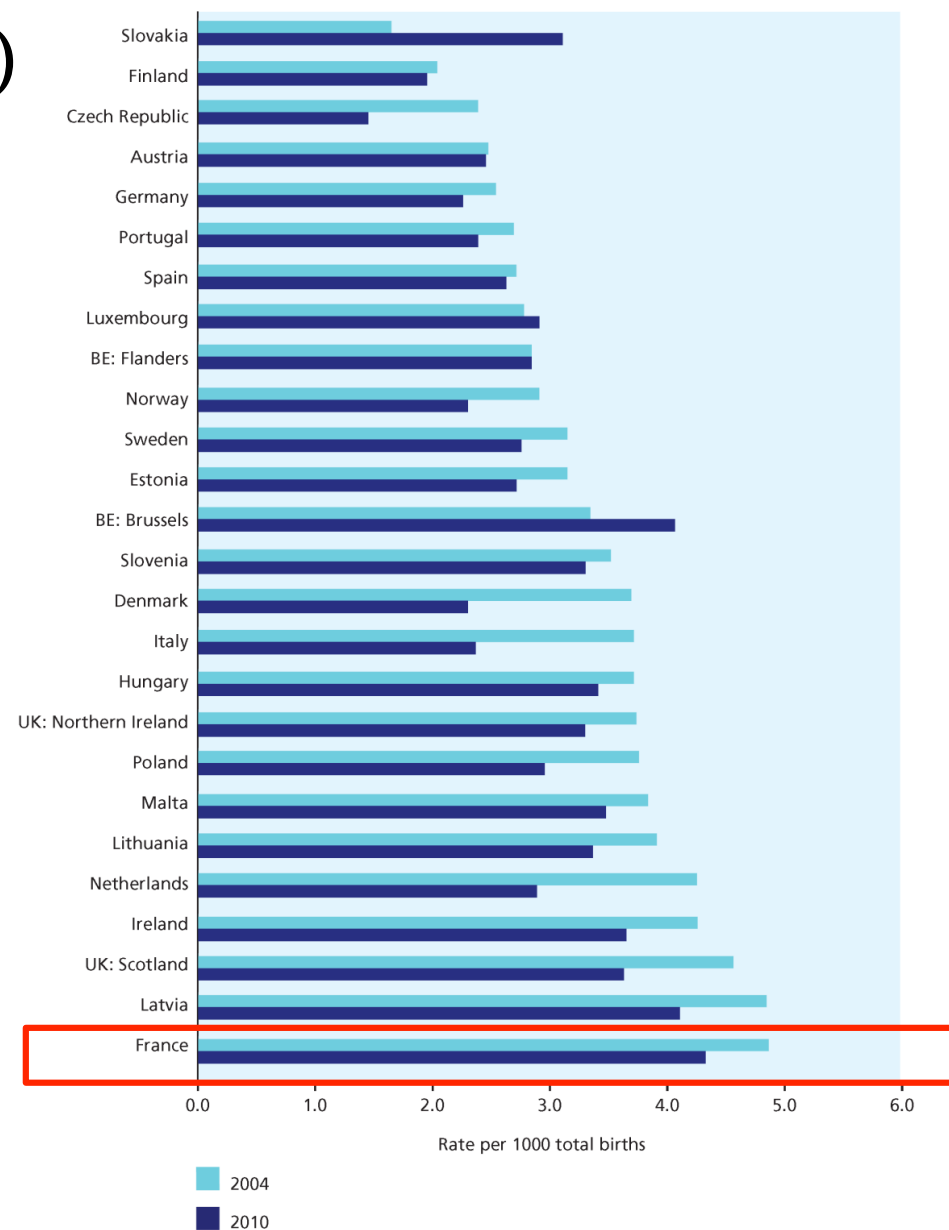
mais

-Collecte des morts nés différente selon  
les pays (exhaustivité ?)

- Inclusion des IMG (« politique »  
française très large)

-> 40 à 50% attribuable aux IMG

Figure 7.3 Comparison of fetal mortality rates at or after 28 weeks in 2004 and 2010



NOTE: Countries ranked by ascending fetal mortality rate at or after 28 weeks in 2004.

# Mortalité néonatale ( $\geq 24$ SA) en 2004 et 2010

2,1 pour 1000 (14<sup>ème</sup> rang)

Diminution moins forte que dans d'autres pays (-0,09% entre 2004 et 2010)

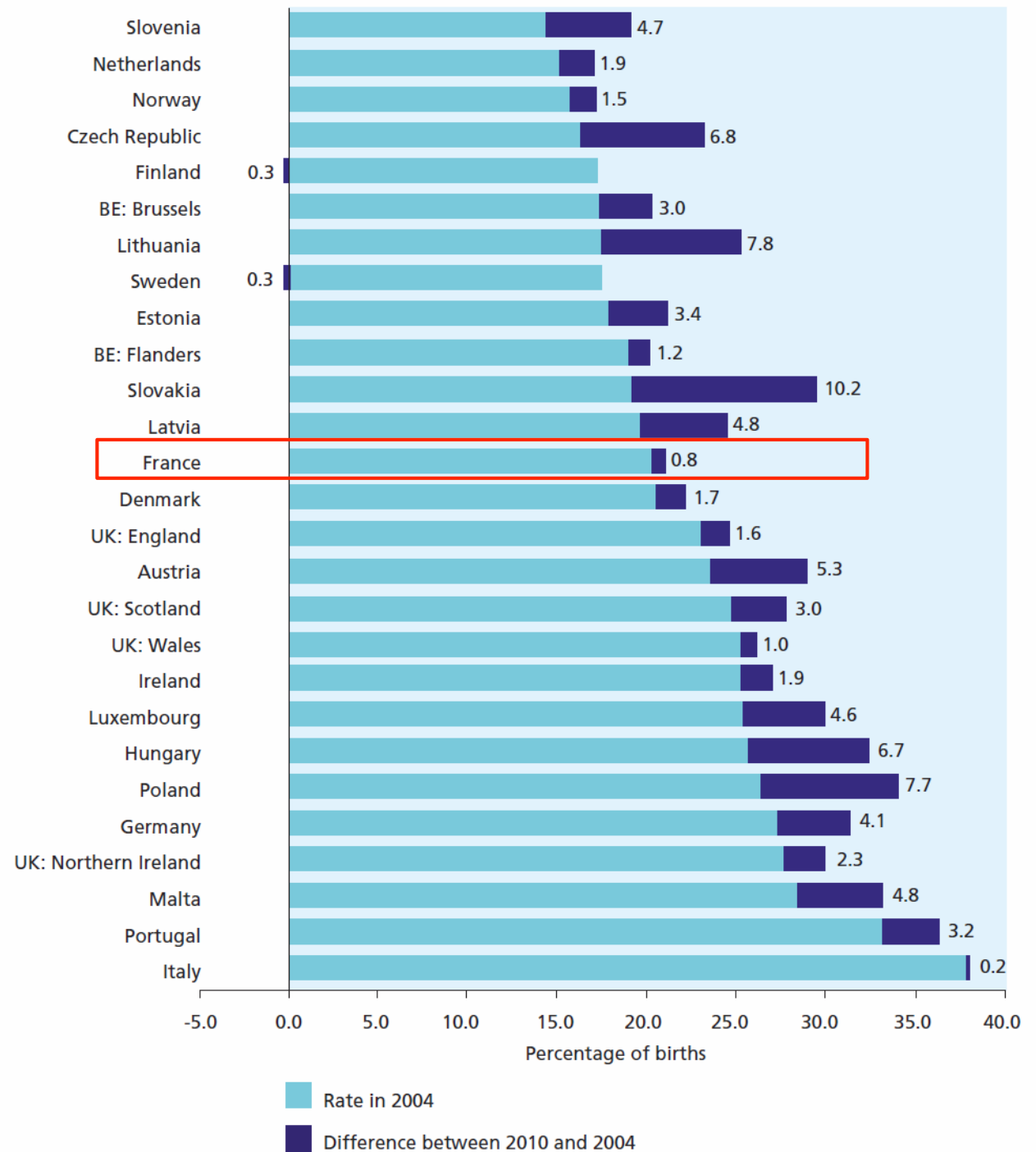


# Taux de césarienne

Point fort pour la France (21%)

- Taux de césarienne plutôt stabilisé et bas

- Passage du 13ème au 7ème rang



NOTE: Countries ordered by percentage of caesareans in 2004.



# Prématurité en 2010

En France, 6.6% des naissances vivantes

10<sup>ème</sup> rang mais ... en hausse !



# Evolution de la prématurité entre 2004 et 2010

Augmentation potentiellement attribuable à l'augmentation des facteurs de risque :

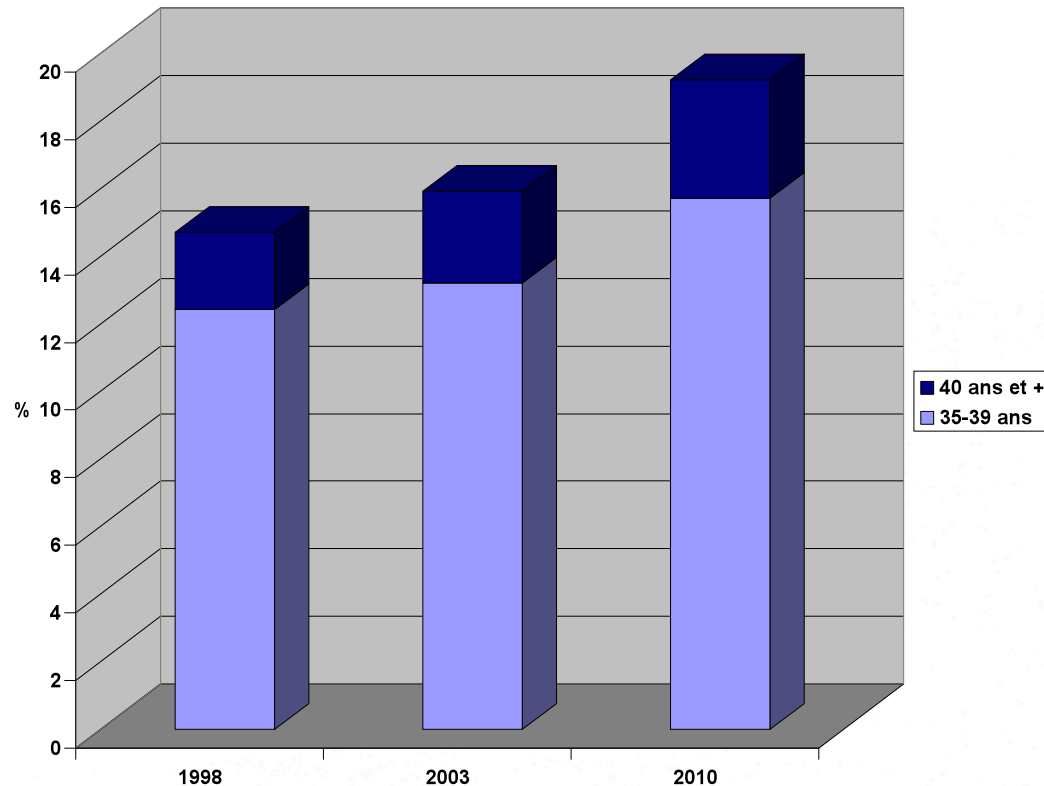
-Grossesse gémellaire

-Âge maternel





# Âge maternel à l'accouchement en France



Enquêtes nationales périnatales

Origine multifactorielle:

- Transformation des normes sociales (*allongement de la durée des études, plans de carrière ambitieux, unions tardives, familles recomposées*)
- Progrès des techniques de PMA



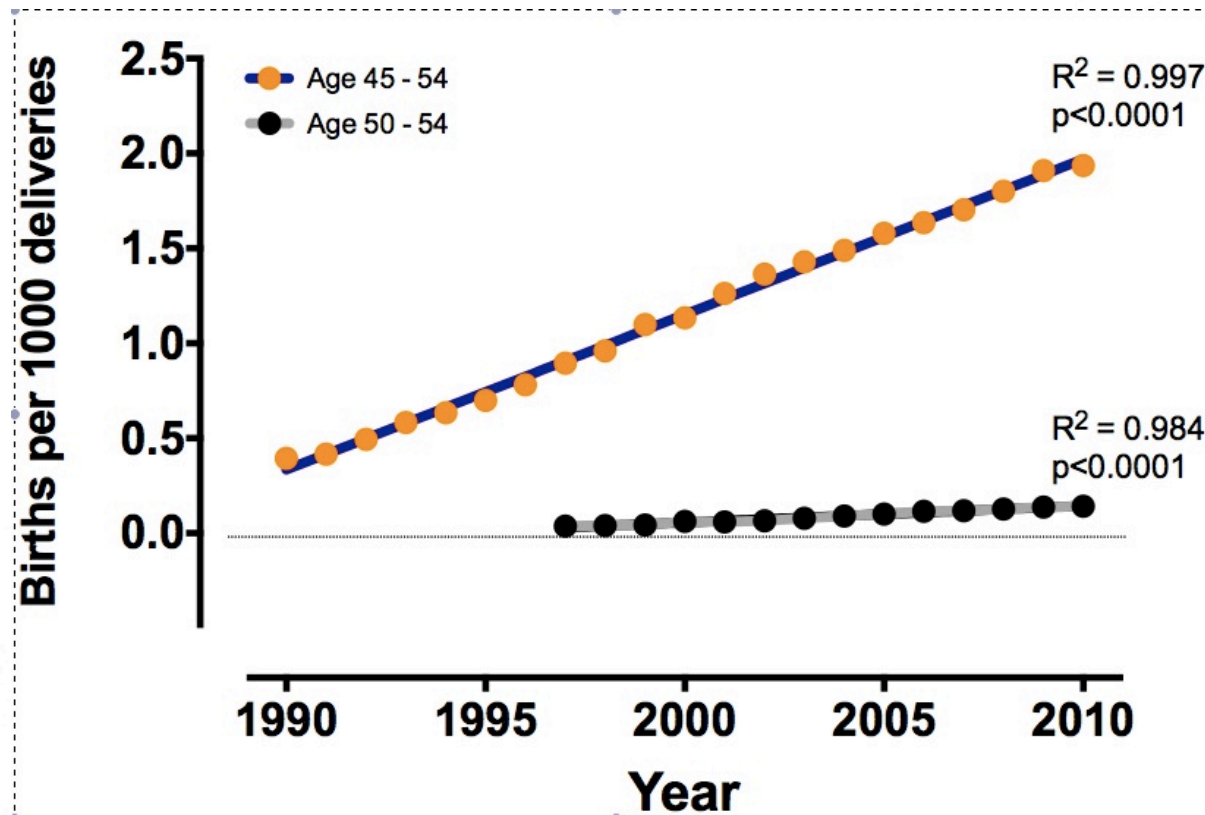
## Pregnancy complications in women aged 50 years (and 45 years) and older

Chad Grotegut MD<sup>1</sup>, Christian Chisholm MD<sup>2</sup>, Haywood Brown MD<sup>1</sup>, R Phillips Heine MD<sup>1</sup>, Andra James MD<sup>2</sup>



<sup>1</sup>Division of Maternal Fetal Medicine, Duke University, Durham, NC, <sup>2</sup>Division of Maternal-Fetal Medicine, University of Virginia, Charlottesville, VA

- Base de données nationale +7M d'accouchements pour 2008-2009, 23000 femmes de plus de 45 ans (dont 880 de 50 ans et +)





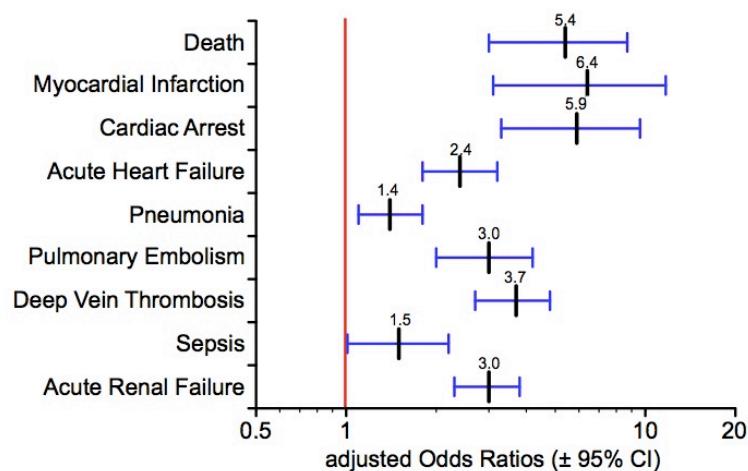
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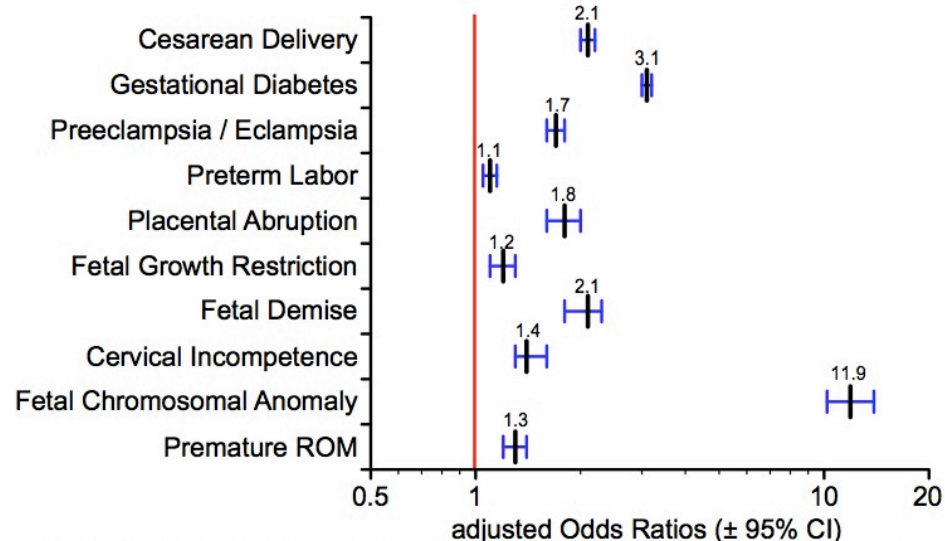
<sup>1</sup>Division of Maternal Fetal Medicine, Duke University, Durham, NC, <sup>2</sup>Division of Maternal-Fetal Medicine, University of Virginia, Charlottesville, VA

Adjusted Odds Ratios For Various Medical Outcomes In Women 45-Years-Old And Older Compared To Women 35-Years-Old And Younger



Adjusted model for obstetric outcomes among women 45 and older compared to women 35 and younger controlling for multiple gestation, chronic hypertension, chronic renal failure, heart disease, pulmonary disease, endocrine disorders, autoimmune disorders, hematologic disorders, and drug/alcohol abuse.

Adjusted Odds Ratios For Various Pregnancy Outcomes In Women 45-Years-Old And Older Compared To Women 35-Years-Old And Younger



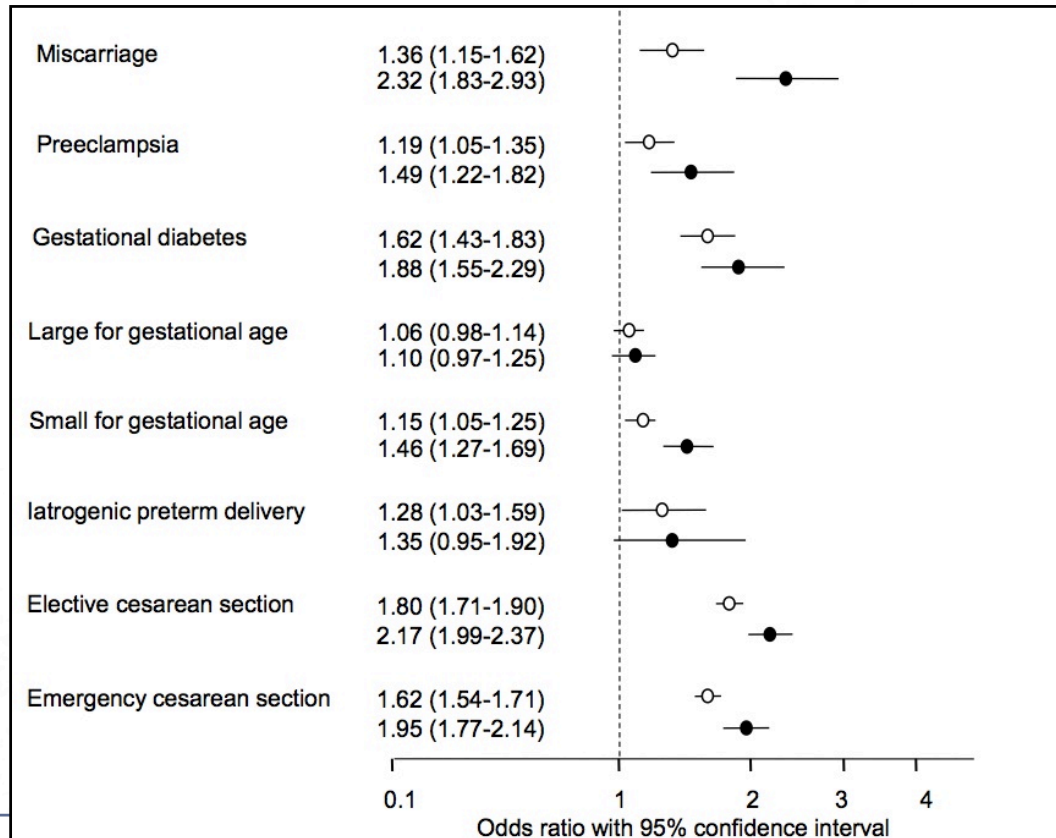
Adjusted model for obstetric outcomes among women 45 and older compared to women 35 and younger controlling for multiple gestation, chronic hypertension, chronic renal failure, heart disease, pulmonary disease, endocrine disorders, autoimmune disorders, hematologic disorders, and drug/alcohol abuse.

## Maternal age and adverse pregnancy outcomes: a cohort study

Asma Khalil<sup>1</sup>, Argyro Syngelaki<sup>1,2</sup>, Nerea Maiz<sup>3</sup>, Yana Zinevich<sup>1,2</sup>, Kypros H Nicolaides<sup>1,2</sup>

1. Department of Fetal Medicine, Institute for Women's Health, University College London Hospitals, London, UK.
2. Department of Fetal Medicine, King's College Hospital, London, UK.
3. Fetal Medicine Unit. Obstetrics and Gynecology Service. BioCruces Health Research Institute. Hospital Universitario Cruces. University of the Basque Country (UPV/EHU). Barakaldo, Spain.

Cohorte londonienne 76000 femmes dont 4061 de 40 ans et +, suivie dès le 1<sup>er</sup> trimestre



○ 35-39 ans

● ≥ 40 ans

Ref : <35 ans

*Original Article*

## Pregnancy outcomes for nulliparous women of advanced maternal age in South Australia, 1998–2008

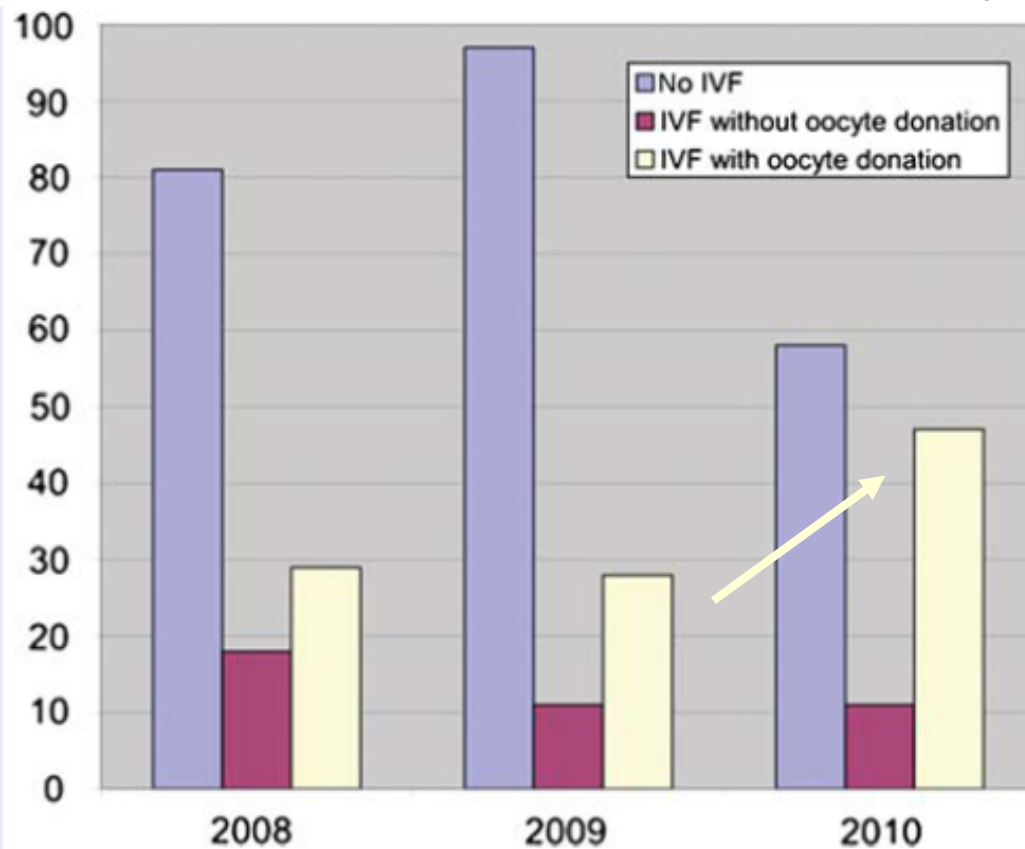
Isobel LUDFORD,<sup>1</sup> Wendy SCHEIL,<sup>2</sup> Graeme TUCKER<sup>3</sup> and Rosalie GRIVELL<sup>4</sup>

<sup>1</sup>Office of Public Health, Department for Health and Ageing, <sup>2</sup>Pregnancy Outcome Unit, Epidemiology Branch, Department for Health and Ageing, <sup>3</sup>Health Statistics Unit, Epidemiology Branch, Department for Health and Ageing, Adelaide and <sup>4</sup>Discipline of Obstetrics and Gynaecology, Women's and Children's Hospital, University of Adelaide, North Adelaide, South Australia, Australia

- Plus 40 ans (*ref: 25-29 ans*), risques plus élevés de :
  - Placenta praevia (RR=3.68 [2.26-5.97]) – 1.5%
  - Diabète gestationnel (RR=2.53 [2.09-3.07]) - 8.3%
  - SGA (RR=1.39 [1.21-1.59]) – 14%
  - Prématurité (RR=1.50 [1.27-1.77]) -10.4%
  - Césarienne électorive (RR=4.15 [3.69-4.67]) – 18.5%
  - Césarienne en urgence (RR=1.77 [1.65-1.89]) – 37.2%
  - MFIU (RR=2.14 [1.35-3.38]) – 1.5%



# De plus en plus de grossesse obtenue par don d'ovocytes



**Figure 1** Number of pregnancies according to the mode of conception: Trends in women aged 43 years or older from 1 January 2008 through 31 December 2010.

Origine des dons :

- Espagne
- Grèce
- Belgique
- Tchécoslovaquie
- Albanie



## Association between oocyte donation and maternal and perinatal outcomes in women aged 43 years or older

Janvier 2012

C. Le Ray<sup>1,2,\*</sup>, S. Scherier<sup>1</sup>, O. Anselem<sup>1,2</sup>, A. Marszalek<sup>2,3</sup>,  
V. Tsatsaris<sup>1,2</sup>, D. Cabrol<sup>1,2</sup>, and F. Goffinet<sup>1,2</sup>

**Table II** Complications according to mode of conception: univariate analysis.

	No IVF (n = 236)	IVF without oocyte donation (n = 40)	IVF with oocyte donation (n = 104)	P
Pre-eclampsia	9 (3.8)	4 (10.0)	20 (19.2)	<0.001 <sup>a</sup>
Gestational diabetes	12 (5.1)	3 (7.5)	8 (7.7)	0.494 <sup>a</sup>
Cesarean <sup>c</sup>	86 (37.9)	16 (42.1)	62 (61.4)	0.001 <sup>b</sup>
PPH				0.008 <sup>a</sup>
Preterm deliv				0.006 <sup>b</sup>
Preterm deliv				0.152 <sup>a</sup>
Birthweight <				0.340 <sup>a</sup>
Birthweight <2500 g <sup>c</sup>	40 (17.2)	14 (31.8)	54 (38.0)	<0.001 <sup>b</sup>
IUFD <sup>d</sup>	5 (2.1)	1 (2.5)	1 (1.0)	0.728 <sup>a</sup>

Le don est un facteur de risque important de  
prééclampsie

**OR ajusté = 3.3 [1.2-8.9]**

# Hémorragie du post-partum

# Epidemiological investigation of a temporal increase in atonic postpartum haemorrhage: a population-based retrospective cohort study

A Mehrabadi,<sup>a,b</sup> JA Hutcheon,<sup>a,b,c</sup> L Lee,<sup>c</sup> MS Kramer,<sup>d</sup> RM Liston,<sup>b</sup> KS Joseph<sup>a,b,c</sup>

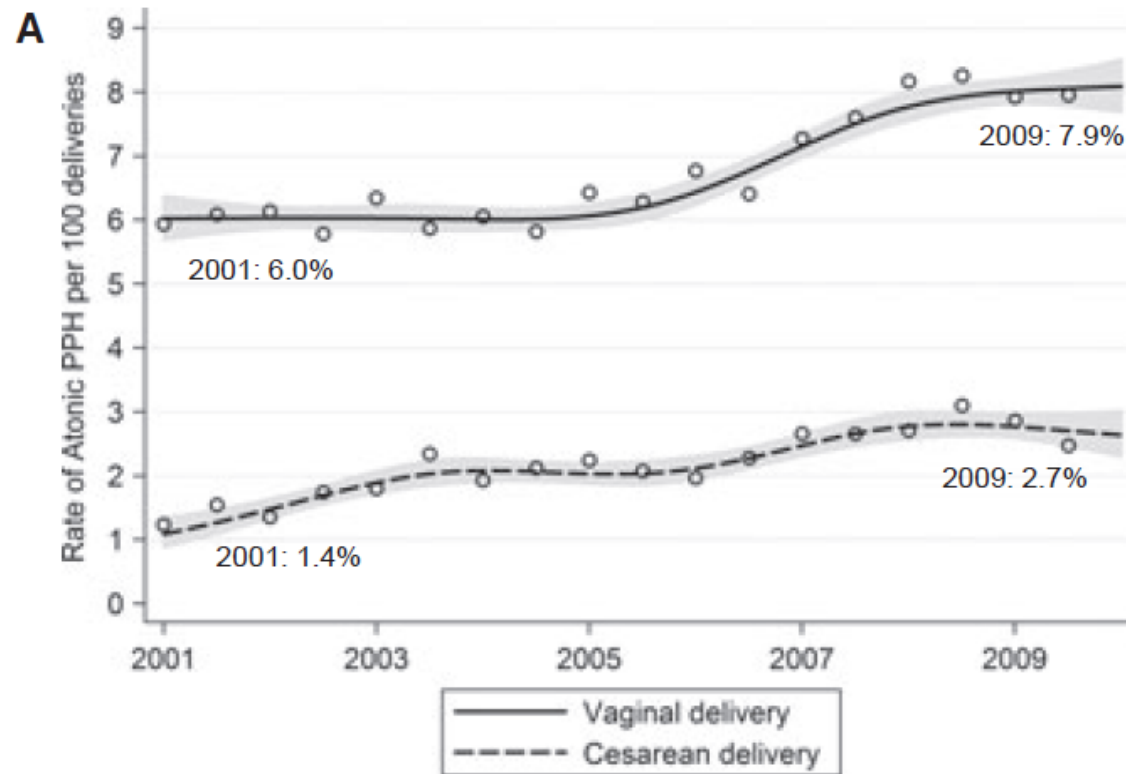
<sup>a</sup> Department of Obstetrics and Gynaecology, University of British Columbia and the Children's and Women's Health Centre of British Columbia, Vancouver, BC, Canada <sup>b</sup> School of Population and Public Health, University of British Columbia, Vancouver, BC, Canada <sup>c</sup> Perinatal Services BC, Vancouver, BC, Canada <sup>d</sup> Departments of Pediatrics, Epidemiology, Biostatistics and Occupational Health, McGill University, Montreal, QC, Canada

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BJOG 2013

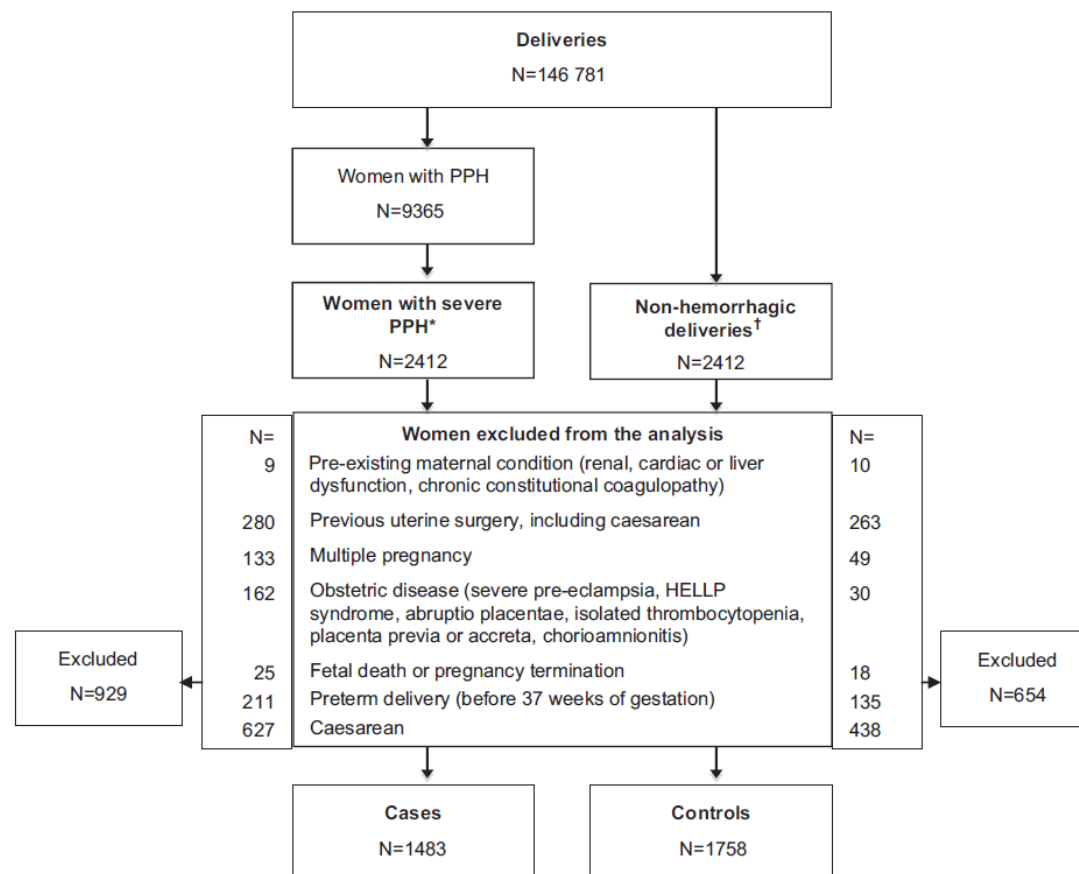
300 000 accouchements, 2001-2009, en Colombie Britannique



**Rôle de  
l'ocytocine  
pendant le  
travail ?**

# Oxytocin during labour and risk of severe postpartum haemorrhage: a population-based, cohort-nested case–control study

Jérémie Belghiti,<sup>1</sup> Gilles Kayem,<sup>1</sup> Corinne Dupont,<sup>2</sup> René-Charles Rudigoz,<sup>2</sup> Marie-Hélène Bouvier-Colle,<sup>1</sup> Catherine Deneux-Tharaux<sup>1</sup>



- Essai PITHAGORE6
- Données françaises en population
- 6 réseaux – 106 maternités (20% des accouchements)
- 2005-2006

	Women with severe PPH (N=1483), n (%)*	Controls (N=1758), n (%)*	Crude OR (95% CI)
Oxytocin during labour	1088 (73)	1077 (61)	1.7 (1.5 to 2.0)
Oxytocin total dose (IU)†			
Mean (SD)	2.4 (2.5)	1.6 (3.0)	
Median (25th, 75th pc)	1.6 (0.6, 3.4)	0.9 (0.3, 2.0)	
No oxytocin	395 (27)	681 (42)	Ref
<1.0	377 (26)	511 (31)	1.3 (1.1 to 1.5)
1.0–<2.0	229 (16)	207 (13)	1.9 (1.5 to 2.4)
2.0–<4.0	244 (17)	157 (10)	2.7 (2.1 to 3.4)
≥4.0	217 (15)	83 (5)	4.5 (3.4 to 6.0)
MD	21 (1)‡	119 (7)‡	
Maximal infusion rate (mIU/min)†			
Mean (SD)	9.8 (6.0)	8.2 (5.3)	
Median (25th, 75th pc)	8.3 (5, 12.5)	7.5 (5, 10)	
No oxytocin	395 (27)	681 (42)	Ref
<7.5	354 (24)	413 (25)	1.5 (1.2 to 1.8)
7.5–<10	184 (13)	187 (12)	1.7 (1.3 to 2.2)
10–<15	293 (20)	213 (13)	2.4 (1.9 to 2.9)
≥15	237 (16)	128 (8)	3.2 (2.5 to 4.1)
MD	20 (1)‡	136 (8)‡	
Total time of oxytocin infusion (min)†			
Mean (SD)	295 (187)	217 (158)	
Median (25th, 75th pc)	266 (150, 408)	182 (98, 294)	
No oxytocin	395 (27)	681 (39)	Ref
<180	342 (23)	517 (30)	1.1 (0.9 to 1.4)
180–<300	275 (19)	279 (16)	1.7 (1.4 to 2.1)
300–<420	215 (15)	158 (9)	2.3 (1.8 to 3.0)
≥420	255 (17)	100 (6)	4.4 (3.4 to 5.7)
MD	1 (0.1)‡	23 (1)‡	
Time at maximal infusion rate (min)†			
Mean (SD)	128 (109)	103 (91)	
Median (25th, 75th pc)	100 (45, 180)	78 (40, 140)	
No oxytocin	395 (28)	681 (44)	Ref
<90	471 (33)	472 (31)	1.7 (1.4 to 2.1)
90–150	216 (15)	198 (13)	1.9 (1.5 to 2.4)
150–210	136 (10)	109 (7)	2.2 (1.6 to 2.8)
≥210	201 (14)	87 (6)	4.0 (3.0 to 5.3)
MD	64 (4)‡	211 (12)‡	

# Oxytocin during labour and risk of severe postpartum haemorrhage: a population-based, cohort-nested case–control study

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- Femmes sans délivrance dirigée, augmentation significative du risque d'HPP pour :
  - Ocytocine (ORa=1.8 [1.3-2.6])
  - Risque croissant avec la dose (ORa de 2.0 à 5.7)
  - Risque croissant avec le débit max (ORa de 1.9 à 3.2)
  - Risque croissant avec le temps d'exposition (ORa de 1.7 à 5.1)
- Femmes avec délivrance dirigée, augmentation non significative pour l'ocytocine seule, mais :
  - Risque croissant d'HPP sévère avec la dose (Ora de 1.5 à 2.1)
  - Dès de faible dose = risque augmenté dès 1 UI d'ocytocine au total

# Administration d'ocytocine au cours du travail en France. Résultats de l'enquête nationale périnatale 2010

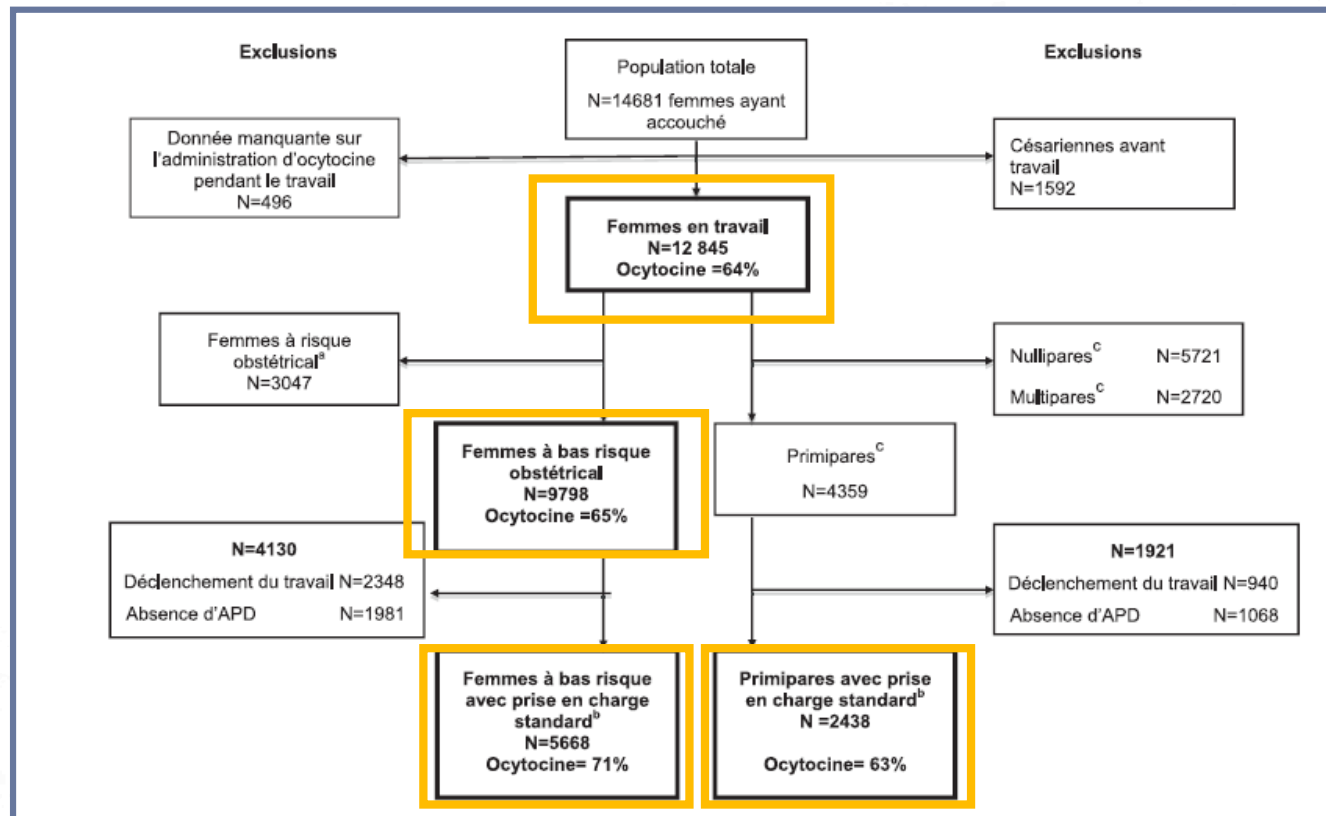
*Oxytocin administration during labor. Results from the 2010 French National Perinatal Survey*

J. Belghiti<sup>a,b</sup>, B. Coulm<sup>a,b</sup>, G. Kayem<sup>a,c</sup>, B. Blondel<sup>a,b</sup>,  
C. Deneux-Tharaux<sup>a,\*,b</sup>



2013

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<sup>b</sup> Université Pierre-et-Marie-Curie Paris 6, 75005 Paris, France  
<sup>c</sup> Université Denis Diderot Paris 7, 75013 Paris, France






# Effect of routine controlled cord traction as part of the active management of the third stage of labour on postpartum haemorrhage: multicentre randomised controlled trial (TRACOR)

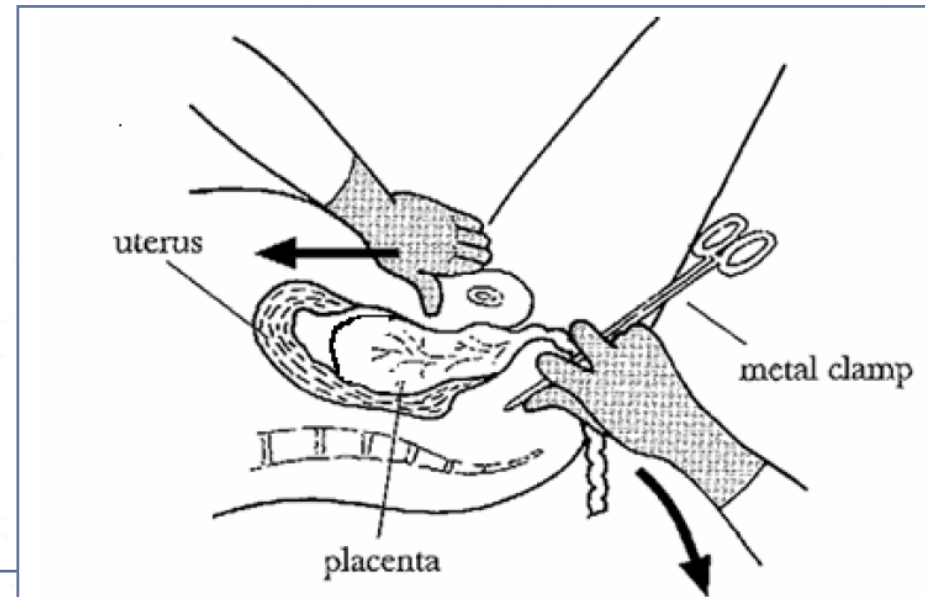
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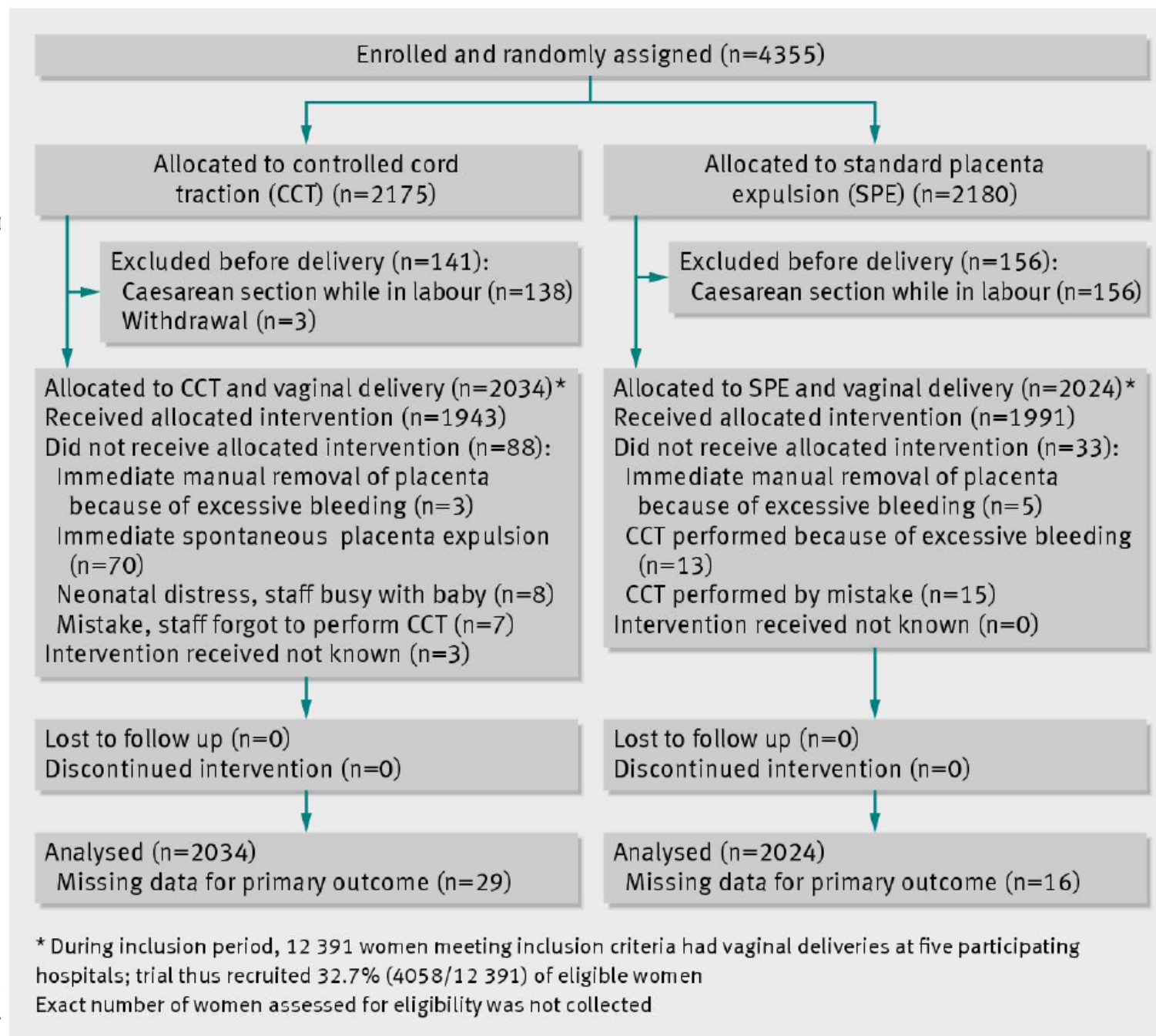
2013

 OPEN ACCESS

Catherine Deneux-Tharaux *senior researcher*<sup>1</sup>, Loic Sentilhes *professor of obstetrics and gynaecology*<sup>2</sup>, Françoise Maillard *medical statistician*<sup>1</sup>, Emmanuel Closset *hospital practitioner in obstetrics and gynaecology*<sup>3</sup>, Delphine Vardon *hospital practitioner in obstetrics and gynaecology*<sup>4</sup>, Jacques Lepercq *professor of obstetrics and gynaecology*<sup>5</sup>, François Goffinet *professor of obstetrics and gynaecology and senior researcher*<sup>1,6</sup>

<sup>1</sup>INSERM U953, Epidemiologic Research in Perinatal, Women's, and Children's Health, Pierre et Marie Curie University, Paris, France; <sup>2</sup>Department of Obstetrics and Gynaecology, University Hospital, Angers, France; <sup>3</sup>Department of Obstetrics and Gynaecology, Jeanne de Flandre University Hospital, Lille, France; <sup>4</sup>Department of Obstetrics and Gynaecology, University Hospital, Caen, France; <sup>5</sup>Department of Obstetrics and Gynaecology, St Vincent de Paul-Cochin University Hospital, Assistance Publique Hôpitaux de Paris, Paris; <sup>6</sup>Port-Royal Maternity Unit, Department of Obstetrics and Gynaecology, Cochin University Hospital, Assistance Publique Hôpitaux de Paris, Paris



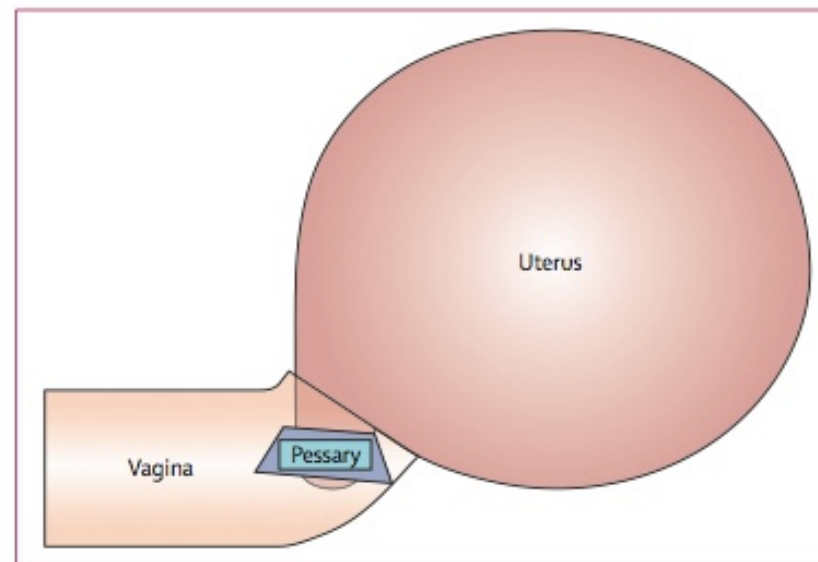


Outcomes	Controlled cord traction	Standard placenta expulsion	Relative risk (95% CI)	Mean difference (95% CI)
Blood loss $\geq$ 500 mL	196/2005 (9.8)	206/2008 (10.3)	0.95 (0.79 to 1.15)	—
By hospital:			0.31*	
Port-Royal maternity hospital	46/473 (9.7)	37/482 (7.7)	1.27 (0.84 to 1.92)	—
Saint Vincent de Paul University hospital	20/199 (10.1)	14/196 (7.1)	1.41 (0.73 to 2.71)	—
Caen University hospital				
Lille University hospital				
Angers University hospital				
Blood loss (mL)				
Mean (SD)				
Mean (SD)				
Blood transfusion for postpartum haemorrhage	12/2034 (0.6)	9/2024 (0.4)	1.33 (0.56 to 3.14)	—
Arterial embolisation or surgery for postpartum haemorrhage	3/2034 (0.1)	5/2024 (0.3)	0.60 (0.14 to 2.49)	—
Mean (SD) peripartum change in haemoglobin (g/L)†	86 (0.3) (n=1961)	87 (0.3) (n=1953)	—	-0.2 (-1.0 to 0.7)
Mean (SD) peripartum change in haematocrit (%)‡	2.1 (0.1) (n=1904)	2.2 (0.1) (n=1890)	—	-0.05 (-0.29 to 0.19)
Mean (SD) duration of third stage (min)	5.5 (0.1) (n=2030)	8.7 (0.1) (n=2020)	—	-3.26 (-3.62 to -2.90)
Third stage $\geq$ 15 minutes	91/2030 (4.5)	289/2020 (14.3)	0.31 (0.25 to 0.39)	—
Manual removal of placenta	85/2033 (4.2)	123/2024 (6.1)	0.69 (0.53 to 0.90)	—
Additional uterotonics after placenta delivery	727/2030 (35.8)	805/2024 (39.8)	0.92 (0.83 to 0.97)	—
Maternal pain during third stage	109/1892 (5.8)	138/1868 (7.4)	0.78 (0.61 to 0.99)	—
Cord rupture	89/2034 (4.4)	2/2024 (0.1)	44.3 (10.9 to 179.6)	—
Uterine inversion	0/2034 (0.0)	0/2024 (0.0)	—	—

Aucune différence entre TCC et expulsion standard concernant le risque d'HPP

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Caen University hospital	40/344 (11.6)	49/330 (14.9)	0.78 (0.53 to 1.16)	—
Lille University hospital	38/445 (8.5)	42/443 (9.5)	0.90 (0.59 to 1.37)	—
Angers University hospital	52/544 (9.6)	64/557 (11.5)	0.83 (0.59 to 1.18)	—
Blood loss $\geq$ 1000 mL	34/2005 (1.7)	37/2008 (1.8)	0.92 (0.58 to 1.46)	—
Mean (SD) blood loss at 15 minutes (mL)	163 (4) (n=2005)	161 (4) (n=2001)	—	1.7 (-8.8 to 12.2)
Mean (SD) total blood loss (mL)	207 (5) (n=2005)	217 (6) (n=2008)	—	-9.4 (-24.8 to 6.0)
Blood transfusion for postpartum haemorrhage	12/2034 (0.6)	9/2024 (0.4)	1.33 (0.56 to 3.14)	—
Arterial embolisation or surgery for postpartum haemorrhage	3/2034 (0.1)	5/2024 (0.3)	0.60 (0.14 to 2.49)	—
Mean (SD) peripartum change in haemoglobin (g/L)†	86 (0.3) (n=1961)	87 (0.3) (n=1953)	—	-0.2 (-1.0 to 0.7)
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Uterine inversion	0/2034 (0.0)	0/2024 (0.0)	—	—

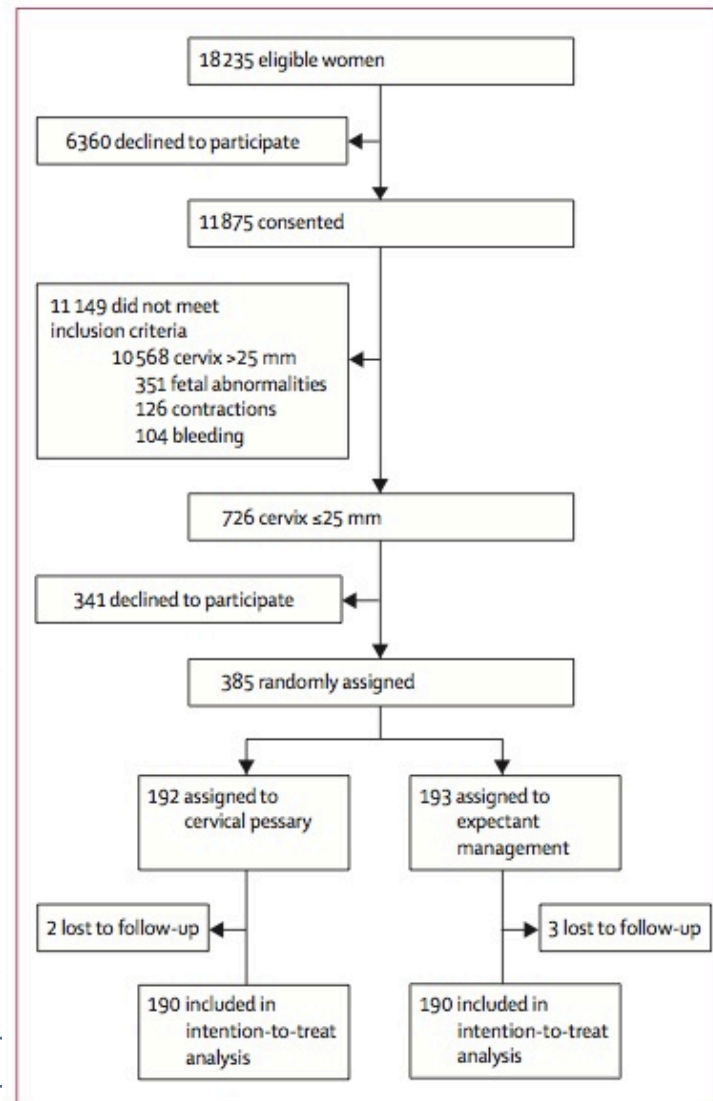
# Le Pessaire pour diminuer la prématurité, l'avenir ?



# Cervical pessary in pregnant women with a short cervix (PECEP): an open-label randomised controlled trial

Lancet 2012

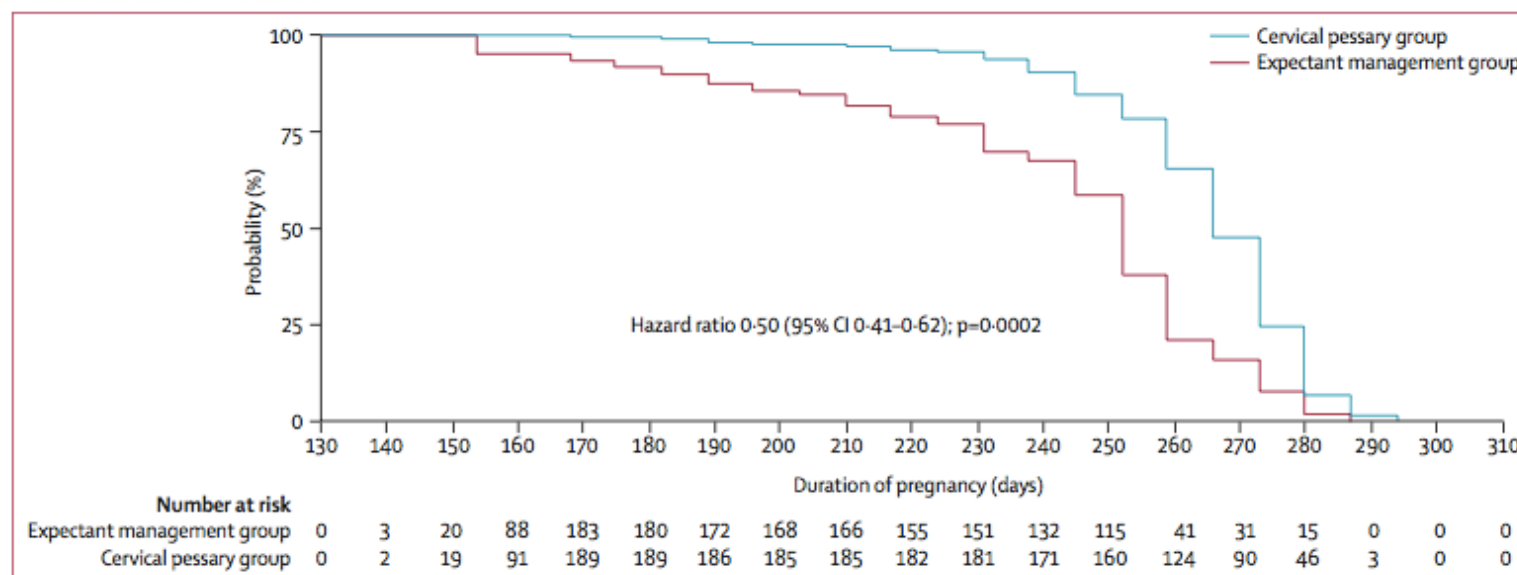
Maria Goya, Laia Pratcorona, Carme Merced, Carlota Rodó, Leonor Valle, Azahar Romero, Miquel Juan, Alberto Rodríguez, Begoña Muñoz, Belén Santacruz, Juan Carlos Bello-Muñoz, Elisa Llurba, Teresa Higuera, Luis Cabero\*, Elena Carreras\*, on behalf of the Pesario Cervical para Evitar Prematuridad (PECEP) Trial Group



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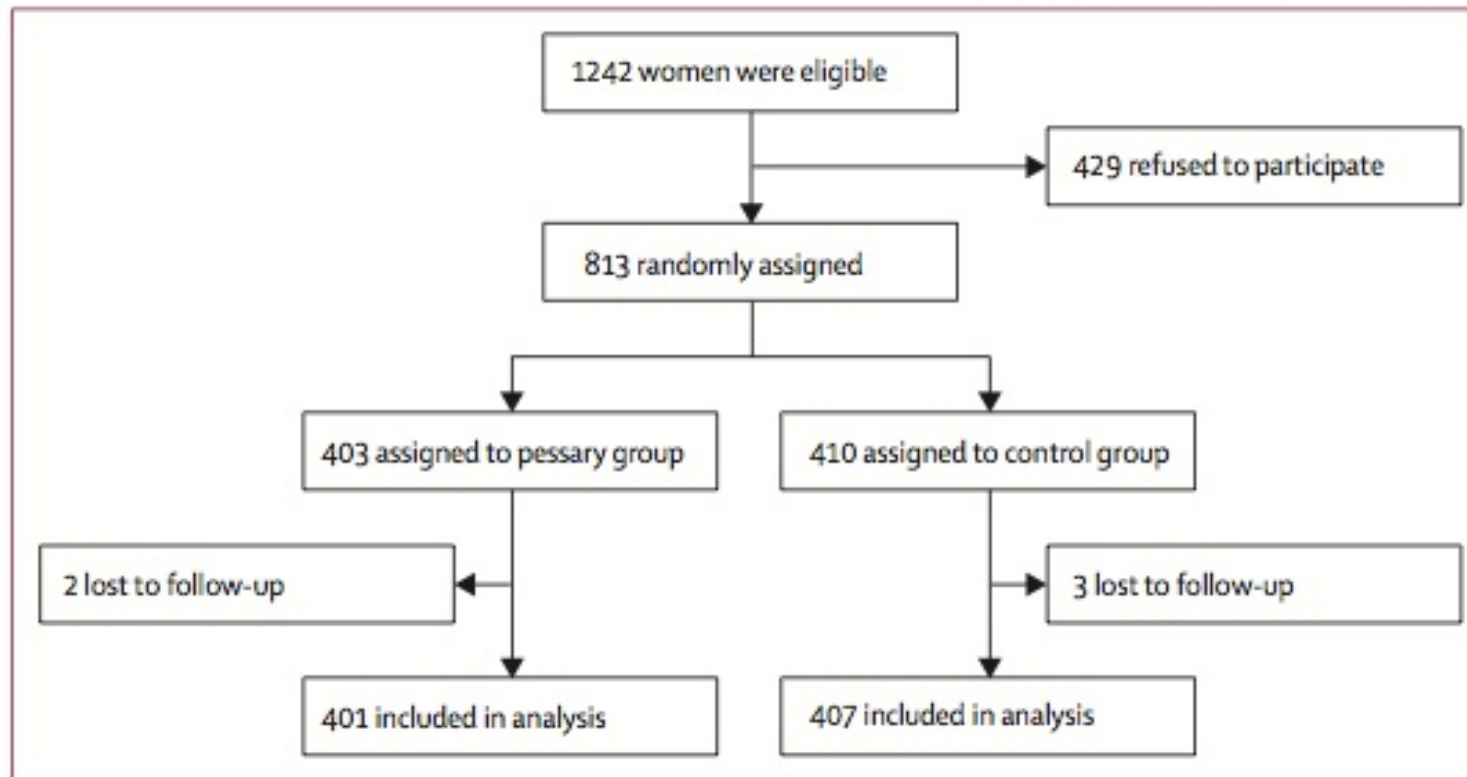
	Cervical pessary group (n=190)	Expectant management group (n=190)	Odds ratio (95% CI)	p value
<b>Pregnancy outcome</b>				
Spontaneous delivery before 28 weeks	4 (2%)	16 (8%)	0.23 (0.06-0.74)	0.0058
Spontaneous delivery before 34 weeks	12 (6%)	51 (27%)	0.18 (0.08-0.37)	<0.0001
Any delivery before 34 weeks	14 (7%)	53 (28%)	0.21 (0.10-0.40)	<0.0001
Spontaneous delivery before 37 weeks	41 (22%)	113 (59%)	0.19 (0.12-0.30)	<0.0001
Gestational age at delivery (weeks)	37.7 (2.0)	34.9(4.0)	..*	<0.0001

# Cervical pessaries for prevention of preterm birth in women with a multiple pregnancy (ProTWIN): a multicentre, open-label randomised controlled trial

Lancet 2013

*Sophie Liem, Ewoud Schuit, Maud Hegeman, Joke Bais, Karin de Boer, Kitty Bloemenkamp, Jozien Brons, Hans Duvekot, Bas Nij Bijvank, Maureen Franssen, Ingrid Gaugler, Irene de Graaf, Martijn Oudijk, Dimitri Papatsonis, Paula Pernet, Martina Porath, Liesbeth Scheepers, Marko Sikkema, Jan Sporken, Harry Visser, Wim van Wijngaarden, Mallory Woiski, Mariëlle van Pampus, Ben Willem Mol, Dick Bekedam*

Femmes éligibles : toutes les grossesses gémellaires



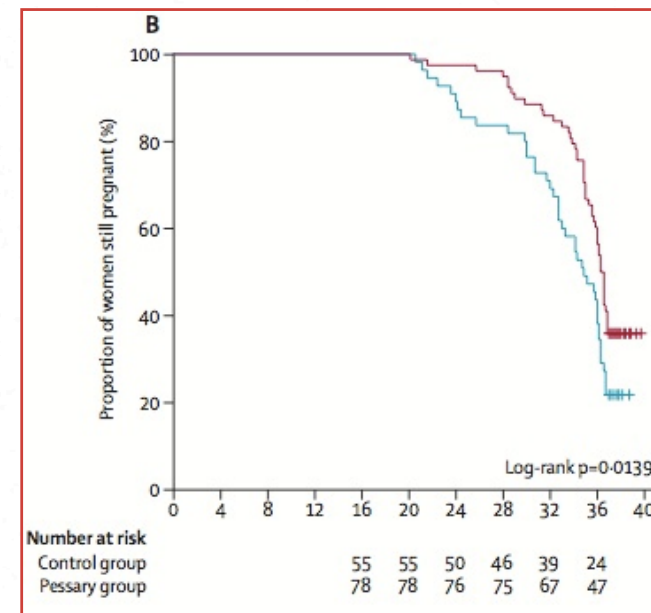
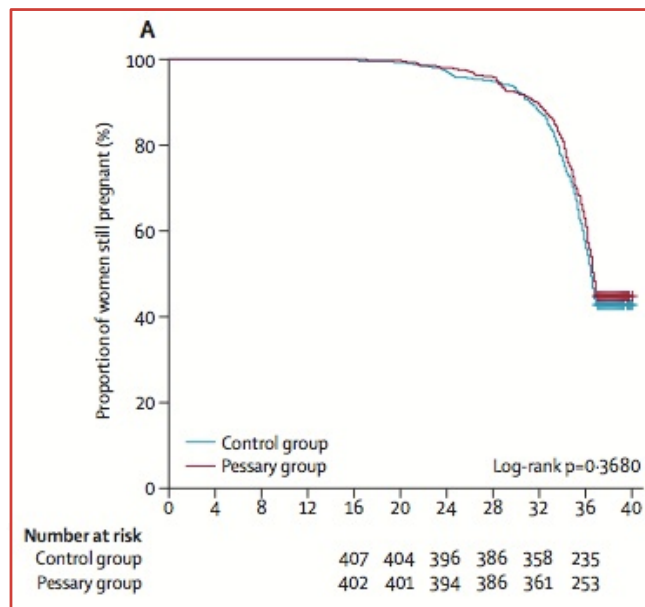


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Pas de différence pour le risque de prématurité et les outcomes néonataux dans l'ensemble de la population



Mais différence dans le sous-groupe des femmes ayant un col raccourci (<38mm)

***ClinicalTrials.gov***

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6 essais en cours évaluant l'intérêt du  
pessaire pour diminuer le risque de  
prématurité



**Quoi de neuf en Obstétrique  
en 2014 ?**